

MINIMAX

presents....

a fresh look at salads

ICEBERG LETTUCE

America's all-time favorite for salads and sandwiches. A super source of fiber.

EA. **38**

BUTTER LETTUCE

With its delicate, buttery flavor, it's a great ingredient for gourmet salads.

TWO **99**
FOR

REDLEAF LETTUCE

Extra crisp texture adds a lively snap to salads. High in vitamin A.

TWO **99**
FOR

GREENLEAF LETTUCE

Extra crispy and crunchy taste treat. Just 10 calories per shredded cup.

TWO **99**
FOR

ROMAINE LETTUCE

Tender, sweeter, fuller flavor than most other lettuce. High in vitamin A.

TWO **99**
FOR

ENDIVE

An excellent source of vitamin A, B6, potassium, iron and other minerals.

TWO **99**
FOR

ESCAROLE

Unusually high in iron and folic acid (a B vitamin), and fiber. Almost 15% pure minerals!

TWO **99**
FOR

Salad Time

Almost any variety of lettuce or combination of lettuce and other greens often serves as the basis for a creative salad. Try new or different varieties and combinations for a different taste treat like this meal-in-a-dish.

Summer Meal-In-A-Dish Salad

- 2 c. torn iceberg lettuce
- 2 c. torn variety lettuce*
- 2 c. torn fresh spinach
- 1 c. diced fresh zucchini
- 1/2 c. sliced radishes
- 1/2 c. sliced cucumbers
- 1 c. sliced mushrooms
- 2-3 green onions, sliced
- 1 c. alfalfa or bean sprouts
- 1/2 c. chopped summer sausage or ham
- 1/2 c. Italian style salad dressing
- 1/4 c. crumbled blue cheese

Combine all vegetables in large salad bowl. Add meat, mix thoroughly. Toss with dressing and sprinkle cheese over top. Makes approximately 10 (1 cup) servings.

*Variety lettuce like butter lettuce, red or green leaf lettuce, romaine, endive or escarole.



Nothing beats the cool, crisp, low calorie crunch of a summer salad. And no store or stand offers you a fresher, more bountiful variety of delicious salad ingredients than we do—everyday!

You see, our buying experts personally inspect the finest croplands in America and buy only the cream of the crop. Then it's rushed to our store and

offered to you at its peak of freshness and flavor. What's more, our huge buying power means we sell at the lowest price possible.

And remember, the fresher the vegetable, the more nutritious. So our outstanding freshness assures you of top nutri-

tion with every vegetable you buy. Another good thing you can count on: most vegetables are low in sodium—good news for many health-conscious people today. Be sure to try the proven salad recipe at right. It's so easy, delicious and naturally good for you. Just another fresh idea—from an old friend in food shopping.

SEE PAGE 2 FOR MORE SPECTACULAR PRODUCE SAVINGS!!



TOMATOES

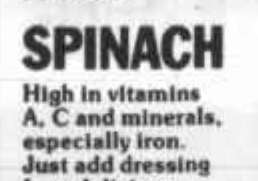
Each averages only 30 calories. Loaded with vitamins A, B6 and C.



LARGE SIZE **59**
LB.

CHERRY TOMATOES

The perfect salad tomato. Tremendous source of vitamins and minerals in one bite-size package.



PINT **69**
EA.

SPINACH

High in vitamins A, C and minerals, especially iron. Just add dressing for a delicious spinach salad.



10 OZ. PKG. **79**
FOR

RED RADISHES

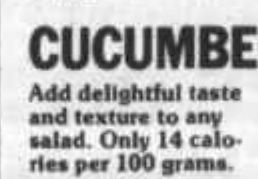
A crisp, colorful garnish or ingredient. Contains less than 2 calories each.



THREE 6 OZ. PKGS. **99**
FOR

WHITE RADISHES

Mild flavor's ideal for eating raw or cooked in cream sauce.



THREE 6 OZ. PKGS. **99**
FOR

CUCUMBERS

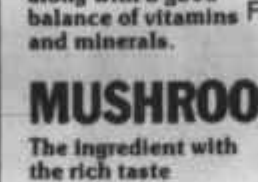
Add delightful taste and texture to any salad. Only 14 calories per 100 grams.



FOUR LARGE SIZE **99**
FOR

GREEN BELL PEPPERS

Crunchy fresh in salads with a distinctive flavor. High yield of vitamin C and fiber.



FOUR **99**
FOR

GREEN ONIONS

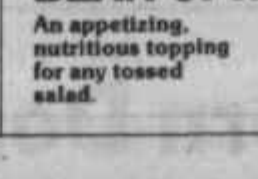
Add real zest to your favorite salad, along with a good balance of vitamins and minerals.



THREE BUNCHES **99**
FOR

MUSHROOMS

The ingredient with the rich taste appeal and texture. One cup has just 20 calories.



8 OZ. PKG. **99**

ALFALFA SPROUTS

Sprinkle on the crunch flavor that's packed with protein.



3 OZ. PKG. **59**
FOR

BEAN SPROUTS

An appetizing, nutritious topping for any tossed salad.



LB. **79**

McGOY'S

BUILDING SUPPLY CENTERS

YELLOW PINE STUDS

#3 GRADE STUDS
Kiln-dried
*Priced to 92.5¢ or full 8' as available

1.35

#2 "STUD GRADE" PRECUT STUDS
Kiln-dried
*92.5¢ 8' long

1.67

#2 "STUD GRADE" 8 FOOT STUDS
Kiln-dried

1.72

FRAMING LUMBER

#2 YELLOW PINE

	8'	10'	12'	14'	16'	18'	20'
2x4	1.72	2.33	2.79	3.25	3.99		
2x6	2.75	3.25	3.99	4.55	5.29	5.88	6.59
2x8		4.49	5.99	6.59	7.59		
2x10			9.69		12.88		
2x12					15.49		

TREATED YELLOW PINE LUMBER

*Pressure treated (.40 C.C.A. retention for ground contact)
*Odor-free and oil free

#1 YELLOW PINE
*Per linear foot *Lengths as available

	1x2	1x4	1x6	1x8	1x10	1x12
2x4	2.99	3.49	3.99	4.49	4.99	5.49
2x6	3.49	3.99	4.49	4.99	5.49	5.99
2x8	3.99	4.49	4.99	5.49	5.99	6.49
2x10	4.49	4.99	5.49	5.99	6.49	6.99
2x12	4.99	5.49	5.99	6.49	6.99	7.49

PLYWOOD AND PARTICLE BOARD

CD GRADE SHEATHING PLYWOOD
*Unstained
*Exterior glue
*1/2" thick x 4' x 8'

BC GRADE Sanded PLYWOOD
*1/2" thick x 4' x 8'

PARTICLE BOARD
*1/2" thick x 4' x 8'

EXTERIOR SIDING
*1/2" thick x 4' x 8'

GYPSUM WALLBOARD
*1/2" thick x 4' x 8'

CABINET PLYWOOD
*1/2" thick x 4' x 8'

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McGOY'S

BUILDING SUPPLY CENTERS

PRICES GOOD THROUGH SATURDAY, JULY 23

SUMMER SAVINGS

Light Fixtures

4.99

McGOY'S SHOP

8-6 Monday-Friday
8-5 Saturday
Closed Sunday

McGOY'S BUILDING SUPPLY CENTERS

WEIMAR
2 1/2 Miles East Highway 90
(409) 263-5400

ROSENBERG
Highway 59
(Across from Holiday Inn)
(713) 341-0214

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